STERLING PUBLIC SCHOOLS - WEEKLY BULLETIN: Nov 30-Dec 4, 2026

Monday
November 30

Breakfast: Bagel Sandwich, Yogurt, Fruit, Milk, Juice
Lunch: Pancakes, Omelette, Ham, Fruit, Veggie, Salad Bar, Milk
Freeman JH BBB Tournament @ Freeman (Adams) 4PM - Van leaves @ 3PM - Bracket on back
One Act Live Performance (Grades 6-12) - 2:45PM
GIRLS BB Practice: 4-6PM - GYM
BOYS BB Practice: 6-7:45AM - GYM

Tuesday
December 1

Breakfast: Combo Bar, Egg Patty, Sausage, Fruit, Milk, Juice
Lunch: Corn Dogs, Fruit, Veggie, Salad Bar, Milk
District One Act Play @ Davenport - 9AM - Bus leaves @ 7AM
GIRLS BB Practice: 6-7:45AM - GYM
BOYS BB Practice: 4-6PM - GYM

ℹ️ MORE INFO ON BACK ⬇️

Wednesday
December 2

Breakfast: Yogurt Parfait, Scrambled Eggs, Hash Brown, Fruit, Milk, Juice
Lunch: Chicken Alfredo, Garlic Bread, Fruit, Veggie, Salad Bar, Milk
GIRLS BB Practice: 4-6PM - CB
BOYS BB Practice: 4-6PM - GYM

Thursday
December 3

Breakfast: Waffles, Egg, Ham, Fruit, Milk, Juice
Lunch: Chicken & Biscuits, Yogurt, Fruit, Veggie, Salad Bar, Milk
Christmas Concert (Grades 6-12) - 7PM - GYM
GIRLS BB Practice: 4-6 PM - GYM
BOYS BB Practice: 4-6 PM - CB

Friday
December 4
EARLY OUT
2:04PM

NO PRESCHOOL/PRE-KINDERGARTEN
Breakfast: Omelette, Oatmeal, Sausage, Fruit, Milk, Juice
Lunch: Turkey Wrap, Sweet Potato Fries, Fruit, Veggie, Salad Bar, Milk
Tech-Free Day - Disconnect to Reconnect - More info on back!
G/B BB vs. FCSH (4 games) HOME - 4PM

*This institution is an equal opportunity provider. *Menu is subject to change without notice.

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ACADEMIC SUCCESS: MR. STEINKRUGER	DETENTION: MS. JANSSEN

DECEMBER ACT PREP

	Grade		Subject
Wednesday, December 2	11	PM SOAR	ENGLISH
	11	AM SOAR	MATH
Friday, December 4	9	SOAR	INTRO
Friday, December 11	9	SOAR	ENGLISH
	11	SOAR	MATH



FREEMAN JH BBB TOURN - 11/30/26





